

Burnham on Sea Harriers Committee Meeting Minutes
24 April 2024, 6.30pm - 8pm, Dunstan House Inn, Burnham on Sea

1. Attendees: Steve D, Steve W, Julie L, Victoria B, Matt P, Reg H.

Apologies: Alex H, Mark B

2. Minutes from AGM: AGM considered a success with no major issues and good ideas and discussions raised. No pressing matters from the AGM that require action.

3. Matters Arising:

a. BASC Running Track Proposal: Meeting needs to be arranged with BASC to identify feasibility to the installation of a running track on the BASC Grounds (**Reg will pursue**). Alternatives also include the football pitch in Apex Park near to the Outdoor Gym/Playpark towards parkrun marshal station 3 - waterworks; Contact with King Alfred School to see if access to the grass track is available (**Matt/Victoria will contact the school**). Access to this track would need to be made in line with the curriculum and whether the track can be accessed in the evenings.

Measurements for a 2-lane track is 80m * 160m. Consideration will also be required for the track once active - other users/damage if the track is on an existing rugby/football pitch.

b. Core Fitness: Sessions available for Core Fitness will be at the Scout Hut, 6:30 - 7:30pm on Wednesday evenings. There is availability on Friday evenings at the YMCA in Highbridge, but Wednesday evenings are considered to be a better option for attendance. Committee happy to proceed with the Scout Hut on Wednesday evenings (Cost to hire hall is £15 per session - covered by club). No immediate plans to charge members to attend, but agreed that a 3-month trial should be arranged to assess attendance. Sessions to be placed on Spond where maximum numbers can be applied to so those wanting to attend can sign-up on a first come - first serve basis. Important that Run Leaders run sessions to maintain interest and provide variation.

c. LiRF Role: Committee discussed good numbers of run leaders with the club now, but more run leaders are always welcome. There is a need also for run leaders to become coaches (Reg is the only coach at the club). Suggestions made for additional run leaders training to aid run leader development and running of other groups beyond their normal weekly sessions.

d. LiRF Training: Congratulations to Nick C, Nigel S and Anna T who were on the verge of becoming newly qualified run leaders.

e. Session Content: Committee discussed the usefulness of run leaders running with other groups to build familiarity with other members. A social run was promoted bringing all members together on a collective run at a suitable

environment e.g. beach? Ideas to be sounded through Harriers Facebook. Discussions noted how groups tend to be very similar at each club run and a change of run leader or run leaders running with other groups will help develop camaraderie and run confidence especially towards new members. Also request for Run Leaders to support and develop faster members of the club. Many members are looking for coaching or faster runs to help increase their speed for races.

- f. Kit Manager:** Jeannine previously managed club kits, but as kit supplies are now being supplied via Scimitar, replacing Joma (Cricket Club) and Concept kit provision, a new kit manager is required. Scimitar requires orders of 10 minimum for garments. Steve W happy to take on the kit manager role.
- g. Young Harriers:** Safeguarding and DBS required for run leaders or coaches who would support young Harriers, but there is a growing interest for a young person's section. Run sessions would likely be on a track because they are required to be under close supervision and visible at all times. Set up of a track as mentioned under item A above would be among the required arrangements before promoting a young person's section. Other means of promotion could be through encouraging young runners to join where they are looking to complete the physical section of their Duke of Edinburgh's award.

4. Chair/Captain/Run-leader/Coach updates:

- a. Captain:** Portal issues reported as Run Britain has been superseded by the England Athletics run events. New race licence numbers haven been organised and race links amended on the Harriers website and Somerset Series (Steve D and Matt to action).
- b. Chair:** No updates
- c. Coach:** No updates
- d. Run Leader:** Anna, Nick and Nigel progressing well with their run leader training. Christy to renew her run leader standards. Committee also recommended a run leader meeting to discuss topics such as running with other groups, ideas for runs, training, and development as run leaders so they can also coach colleagues.

5. Pawlett Plod/Burnham Half/Brent Knoll race updates

- a. Pawlett Plod:** Meeting to be organised to complete final arrangements - Steve W to organise (Race Director).
- b.** No updates for Brent Knoll and Burnham half races.

6. AOB: Steve W highlighted the issues faced with renewing everyone's membership through the new

England Athletics portal. Issues are affecting 20 to 30 members, but Steve is confident of resolving the issue. Issue was first thought to be with the new Stripe system, but it turned out to be an England Athletics issue.

Clarity also on the membership form located on the Harriers website. Existing members are expected to renew their membership through Stripe. New members complete the online application from the website.

Discussions also to be held on who the committee should consist of.

7. Date of next meeting: late July - tbc. Meeting closed at 8pm.